



## **Seth R. C. S. Arts & Commerce College, Durg (C.G.)**

### **Best Practice – 1**

**Title of the Practice:** Leave no one behind.

#### **Objectives of the Practice**

- ❖ Enhancement and all round development of intellectual disabled persons for sustainable development of society.
- ❖ Bringing the intellectual disabled persons into the main stream of society through unified sports. Unified Sports joins people with and without intellectual disabilities on the same team.
- ❖ Sports empower them so that they may recognize their own potential and advocate for change in society.

**The Context:** College is sensitive to the position of intellectual disabled persons in society. Change in perspective about intellectual disabled people can be noticed due to the unified sports. It plays a crucial role in bringing them into the mainstream of society. Contrary to earlier situation where people used to laugh at their disabilities.

**The Practice:** Our College is the only college in the state where enhancement and all round development programmes are organized for intellectual disabled persons with the help of Special Olympics Bharat. The college with Special Olympic Bharat is working together on “The solution is inclusion.” Important outreach programmes are organized to propagate understanding about intellectual disabled persons and inspire them through sports to do their daily work. Perform their day to day work by understanding their family. Along with this college is inspiring them by providing sports equipments and training to the weaker sections. College is working towards bringing intellectual disabled close to sports by organizing orientation programmes that are for guardians through which this section is brought to main stream in society. Coaches training programmes are organized by the Physical Education Department of the College. Dr. Pramod Kumar Tiwari (Principal) works as a national and state trainer for disabled sports person. The

College conducts national level advance coaches training programme and also conducts health checkup programme for intellectual disabled persons. Under MoU with the Special Olympics Bharat Chhattisgarh College trying to break all the barriers and start a revolution against discrimination with intellectual disabled.

“Let’s create a world that celebrates all abilities”.

### **Evidence of Success**

Following activities organized by the college under this best practice:-

- Special Smile Screening (Dental Checkup)
- Fit Feet (Physical test of intellectual disabled)
- Family Forum
- Advance Coaches Training Camp (ACTC)
- Coaches Training Programmes.
- Sports for Specially abled Athletes.
- Youth Leader Orientation Programmes
- Young Athlete Programmes
- Unified Sports
- Sports Training Programmes.

**Problems Encountered and Resources Required:** To convince parents and society to bring their intellectual disabled children on this platform is a big challenge.

## Special Smile Screening (Dental Checkup of Special abled)



## Fit Feet Checkup



## Family Forum



## Advance Coaches Training Camp



## Sports for Specially abled Athletes



## Youth Leader Orientation Programmes



**यूथ लीडर ट्रेनिंग प्रोग्राम में 9 जिलों के युवाओं ने दी नियमों की जानकारी**

कार्यक्रम में 9 जिलों के युवाओं समेत दिव्यांग भी हुए शामिल।

भिलाई/सेठ आरसीएस कला एवं वाणिज्य महाविद्यालय दुर्ग में यूथ लीडर ट्रेनिंग प्रोग्राम का आयोजन किया गया। जहां यूथ लीडर स्पेशल ओलंपिक के कार्य एवं यूनीफाइड खेल के संबंध में डॉ. प्रमोद तिवारी के द्वारा सभी यूथ लीडर एवं मानसिक दिव्यांग खिलाड़ियों को उद्देश्य से अवगत कराया गया। बोच्री एवं फ्लोर बॉल खेल के नियम की जानकारी सभी यूथ लीडर को दी गई। इस प्रोग्राम का उद्घाटन प्रभारी प्राचार्य डॉ. किरण तिवारी ने किया। मौके पर लेफ्टिनेंट नीलेश तिवारी, अर्जुन साहू, यीतेश साहू, रवि जैन, ममता आदि मौजूद रहे।



## **Seth R. C. S. Arts & Commerce College, Durg (C.G.)**

### **Best Practice – 02**

**Title of the Practice** – Nirdhan Chhatra Sahayata Kosh

**Goal** –

- To help poor and needy students.
- This fund is provided to students for paying college fee, books and other items for educational needs.

**The Context** –

Students have to produce income certificate certified by Tehsildar to get this fund. With the help of notice, college students come to know about this fund and applications are invited for the same.

**The Practice** –

Nirdhan Chhatra Sahayata Kosh committee verifies the application before giving the fund to the needy and poor students. Committee conduct meeting and provide fund to the selected students.

**Uniqueness** –

During the assessment period 563 students are benefited by this scheme and total amount distributed is Rs. 1152400/-.

**Evidence of Success**

S.No.	Year	Number of students benefitted	Disbursed Amount
1	2017-18	122	178800.00
2	2018-19	127	202300.00
3	2019-20	128	229200.00
4	2020-21	91	259600.00
5	2021-22	95	282500.00
	<b>Total</b>	<b>563</b>	<b>1152400.00</b>